



### **10 a.m. Keynote: Celebrating Resilience**

*Mandi Pierson, Clinical Social Work/Therapist, LISW-S*

Celebrating our resilience, while honoring the authentic feelings and lived experiences consequent of the COVID-19 pandemic, this keynote presentation addresses and reflects on pre- and post-pandemic realities and their lasting impacts. Participants are invited to reflect on grief, changes in mental health, and new strengths and needs at this point, three years after the pandemic's start.

### **11 a.m. and 2 p.m. Breakout Sessions A, B, C, and D**

#### **Protecting Individuals with I/DD – A Review of the Ohio Critical Incident Reporting System (MUI), Focusing on DSP Roles & Responsibilities**

*Scott Phillips, Assistant Deputy Director, Ohio DODD*

This session provides participants with significant information about Ohio's CIRS, a robust structure for reporting, investigating, and remediating incidents impacting the health and welfare of individuals with I/DD. DSPs play a critical role in this structure, and this session helps prepare DSPs to successfully protect supported individuals.

#### **What I Wish I Knew**

*Sarah Davies, Parent & Director of Relationships, GT Independence*

Using personal stories and lived experiences from parenting a child with I/DD, and from decades of working in Ohio's I/DD system, this session helps participants incorporate disability studies, trauma informed care, and best practices in communication to improve DSP/parent interactions, for the benefit of individuals served.

#### **Supporting Community Belonging for Persons with Developmental Disabilities**

*Dan Connors, President/CEO, St. Joseph Home of Cincinnati*

This session surveys several concepts and explores how they interact with society's perceptions about persons with DD:

- Community Belonging as a goal for persons with DD, compared to Integration and Inclusion
- Boundary Psychology and how it creates subconscious barriers to persons with DD truly belonging to their communities
- Social Role Valorization and how it impacts belonging

The session provides participants with a baseline understanding of these concepts and how they present real life challenges – including impacts on providers' own perspectives – to helping persons with DD fully step into their communities.

#### **Mental Health First Aid® Overview**

*Bridget Swihart, RN, MHFA Instructor*

This session provides an overview of Mental Health First Aid® training, a set of various evidenced-based, full-day courses that prepares learners to recognize signs of mental illness and substance use disorders and to respond to associated crises. The session highlights Adult and Youth Mental Health First Aid® training, and guides participants through developing individual self-care action plans. The session shares next steps for how Ohio I/DD support and service provider organizations can incorporate Mental Health First Aid® training to their employees' professional development.